

# OB COMPLETE® PREMIER PRESCRIBING INFORMATION

## Supplement Facts

Serving Size: 1 Tablet  
Servings per Box: 30

Amount per Serving	% Daily Value for Pregnant and Lactating Women
Vitamin A (Beta Carotene) .....	2100 IU .....26%
Vitamin C (Calcium Ascorbate) .....	120 mg .....200%
Calcium (as DimaCal® di-Calcium Malate)* ...	100 mg .....8%
Vitamin D <sub>3</sub> (Cholecalciferol) .....	800 IU .....200%
Vitamin E (d-Alpha Tocopheryl Succinate) .....	20 IU .....67%
Vitamin B <sub>1</sub> (Thiamine Mononitrate) .....	2 mg .....118%
Vitamin B <sub>2</sub> (Riboflavin) .....	3.4 mg .....170%
Vitamin B <sub>3</sub> (Niacinamide) .....	10 mg .....50%
Vitamin B <sub>6</sub> (Pyridoxine HCl) .....	10 mg .....400%
Folate .....	1 mg .....125%
Vitamin B <sub>12</sub> (Cyanocobalamin) .....	15 mcg .....188%
Ferrouyl® Carbonyl Iron (Elemental Iron) .....	30 mg .....167%
Sumalate® (ferrous asparto glycinate) .....	20 mg .....111%
Magnesium (as Di-Magnesium Malate)** .....	15 mg .....3%
Zinc (as TRAACS® Zinc Glycinate Chelate) ...	10 mg .....67%
Copper (Copper Glycinate) .....	1 mg .....50%

**Other Ingredients:** Microcrystalline Cellulose, DiCal Phosphate, Croscarmellose Sodium, Pink Color Coating (Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc and FDC Red #40 Lake), Fumed Silica, Stearic Acid, Magnesium Stearate, Acacia and Povidone K30.

**Manufactured for:**  
**VERTICAL PHARMACEUTICALS, LLC**  
Bridgewater, NJ 08807

### VEGETARIAN FRIENDLY

### GLUTEN, LACTOSE AND SUGAR-FREE

OB Complete® Premier is a professionally prescribed multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

### CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

### PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress. Allergic sensitization has been reported following both oral and parenteral administration of folic acid

### DRUG INTERACTIONS

OB Complete® Premier tablets are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine.

### ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.**

### DESCRIPTION

OB Complete® Premier is a pink tablet, imprinted "VP 043".

### DIRECTIONS FOR USE

One tablet daily or as directed by a physician.

### HOW SUPPLIED

OB Complete® Premier is available in a carton unit dose pack of 30 tablets (3 child resistant blister cards of 10 tablets per card).

**PRODUCT CODE: 68025-043-30**

**STORAGE:** Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

### KEEP OUT OF REACH OF CHILDREN

\*Sumalate® (ferrous asparto glycinate) is a registered trademark of Albion International, Inc., Clearfield, Utah and is covered by the following patents: U.S. Pat. No. 6,716,814; U.S. Pat. No. 7,838,042; U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.

\*\*DimaCal and TRAACS® are registered trademarks of Albion International, Inc. \*Malates covered by U.S. Pat. No. 6,706,904.

### Rx for Maternal Health

For use on the order of healthcare practitioner

**Call your doctor about side effects. You may report side effects by calling: 1-877-95-VERTI (1-877-958-3784).**

**Customer Service: 1-866-600-4799**

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