

## OB COMPLETE<sup>®</sup> PETITE PRESCRIBING INFORMATION

# Supplement Facts

Serving Size: 1 Softgel Capsule  
Servings Per Container: 30

	Amount per Serving	% DV for Pregnant and Lactating Women
Calories	5	
Cholesterol	Less than 5 mg	
Vitamin C (as Calcium Ascorbate)	75 mg	63%
Vitamin D (as Cholecalciferol)	25 mcg (1000 IU)	167%
Vitamin E (as d-Alpha Tocopherol Acetate)	20 mg* (30 IU)	105%
Thiamin (as Thiamine Mononitrate)	2 mg	143%
Riboflavin	3.4 mg	213%
Vitamin B <sub>6</sub> (as Pyridoxine HCl)	30 mg	1500%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%
Vitamin B <sub>12</sub> (as Cyanocobalamin)	15 mcg	536%
Iron (as Ferronyl <sup>®</sup> Carbonyl Iron 35 mg and Sumalate <sup>®***</sup> Ferrous Asparto Glycinate 5 mg)	40 mg	148%
Zinc (as Zinc Oxide)	25 mg	192%
Copper (as Cupric Sulfate)	1 mg	77%
<b>Omega-3 Fatty Acids</b>	<b>243 mg</b>	<b>†</b>
DHA (Docosahexaenoic Acid)	200 mg	†
EPA (Eicosapentaenoic Acid)	14 mg	†
Other/Additional Omega-3 Fatty Acids	29 mg	†

† Daily Value (DV) not established

\*Equal to mg alpha-tocopherol

**Other Ingredients:** Soybean Oil, Yellow Bees Wax, Lecithin, Gelatin, Purified Water, Titanium Dioxide, FD&C Red #40, Ethyl Vanillin, FD&C Blue #1.

**CONTAINS: SOY AND FISH OIL (ANCHOVY)**

**GLUTEN-, LACTOSE-, AND SUGAR-FREE**

OB Complete<sup>®</sup> Petite is a prescription multivitamin/multimineral indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and non-lactating mothers.

### CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

### WARNINGS

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.**

### PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient. Folic acid in doses above 0.1 mg daily may obscure

pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

### DRUG INTERACTIONS

OB Complete<sup>®</sup> Petite softgel capsules are not recommended for and should not be given to patients receiving levodopa because the action of levodopa is antagonized by pyridoxine. There is a possibility of increased bleeding due to pyridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Clopidogrel).

### ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

### DESCRIPTION

OB Complete<sup>®</sup> Petite is an oval-shaped plum colored softgel capsule, imprinted "VP 059".

### DIRECTIONS FOR USE

One softgel capsule daily or as directed by a physician.

### HOW SUPPLIED

OB Complete<sup>®</sup> Petite is supplied in a 30 count child-resistant bottle.  
**Product Code: 68025-059-30**

**STORAGE:** Store at controlled room temperature 15°-30°C (59°-86°F) [See USP]. Protect from light, moisture and excessive heat.

**KEEP OUT OF REACH OF CHILDREN.**

**PATENTED FORMULA. U.S. PAT. No. 8,263,137**

\*\*Sumalate<sup>®</sup> (Ferrous Asparto Glycinate) is a registered trademark of Albion International, Inc. and is covered by the following patents: U.S. Pat. No. 6,716,814, U.S. Pat. No. 8,007,846 and U.S. Pat. No. 8,425,956.

**For use on the order of a healthcare practitioner.**

**Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-877-95-VERTI (1-877-958-3784) or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).**

**Customer Service: 1-866-600-4799**

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**Distributed by:  
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